

| Pl | Stnr | Name | Jg | Verein | Zeit |
|-----------------------|------|---------------------|---------------------------|-----------------------|---------|
| D 12 (12) | | | 2.0 km 55 Hm 8 P | | |
| 1 | 105 | Marei Lehner | 99 | OLG Regensburg | 20:41 |
| 2 | 106 | Noemi Ohme | 99 | OLA TSV Deggendorf | 22:49 |
| 3 | 110 | Ines Schikora | 01 | OLG Regensburg | 23:57 |
| 4 | 104 | Antonia Kerscher | 01 | OLG Regensburg | 24:50 |
| 5 | 103 | Lina Grübel | 00 | OLG Regensburg | 26:04 |
| 6 | 109 | Leonie Amann | 01 | OLG Regensburg | 27:17 |
| 7 | 111 | Emily Grübel | 01 | OLG Regensburg | 32:28 |
| 8 | 108 | Amelie Nürnberger | 01 | OLG Regensburg | 34:32 |
| 9 | 107 | Gabriella Hartung | 00 | OLG Regensburg | 38:33 |
| AK | 102 | Laura Lexen | 99 | TSV Grünwald | 35:02 |
| AK | 100 | Emily Prösl | 02 | 1. FC Neukirchen | 1:06:29 |
| AK | 101 | Isabell Wenzel | 99 | TSG Mantel | 43:04 |
| D 13 - 14 (4) | | | 3.6 km 120 Hm 13 P | | |
| 1 | 116 | Andrea Gruber | 97 | SV Mietraching | 41:51 |
| 2 | 114 | Isabel Seeger | 98 | Baiersdorfer SV | 51:33 |
| 3 | 115 | Silvia Casanova | 97 | OLG Regensburg | 55:25 |
| | 117 | Mareike Seeger | 98 | Baiersdorfer SV | Fehlst |
| D 15 - 18 (10) | | | 4.6 km 180 Hm 14 P | | |
| 1 | 127 | Anna Schöps | 93 | OLV Landshut | 53:43 |
| 2 | 124 | Stephanie Fischer | 94 | OLG Regensburg | 56:13 |
| 3 | 126 | Hannah Kühne | 96 | SV Mietraching | 56:30 |
| 4 | 128 | Lena Brückner | 94 | OLG Regensburg | 57:58 |
| 5 | 123 | Helena Bastian | 96 | SV Mietraching | 1:00:14 |
| 6 | 121 | Julia Penzkofer | 94 | SV Mietraching | 1:10:28 |
| | 125 | Jessica Schmid | 95 | MTV Bamberg | Fehlst |
| | 120 | Laura Späth | 93 | OLG Regensburg | N Ang |
| | 129 | Emilia Kolehmainen | 96 | TSV Grünwald | N Ang |
| AK | 122 | Annkathrin Greiner | 94 | MTK Bad Harzburg | 1:16:15 |
| D 19 E (5) | | | 6.5 km 235 Hm 18 P | | |
| 1 | 132 | Josephine Greiner | 91 | TSV Grünwald | 59:34 |
| 2 | 135 | Anna Biller | 92 | SV Mietraching | 1:03:45 |
| 3 | 136 | Katrin Lorenz-Baath | 78 | TSV Grünwald | 1:14:32 |
| | 133 | Britta Meißner | 90 | TV 1894 Coburg-Neuses | Fehlst |
| AK | 131 | Juliane Gnau | 80 | OSC Kassel | 1:11:10 |
| D 19 K (9) | | | 4.3 km 190 Hm 13 P | | |
| 1 | 143 | Johanna Scheler | 90 | TV 1894 Coburg-Neuses | 54:20 |
| 2 | 142 | Johanna Greiner | 89 | TSV Grünwald | 56:46 |
| 3 | 138 | Johanna Lexen | 78 | TSV Grünwald | 1:06:17 |
| 4 | 145 | Núria Badia Comas | 79 | TSV Grünwald | 1:07:36 |
| 5 | 144 | Julia Huber | 90 | OLG Regensburg | 1:08:14 |
| 6 | 140 | Ute Döhler | 69 | SV Pechbrunn | 1:13:24 |
| 7 | 137 | Katrin Dreßel | 79 | OLV Landshut | 1:16:09 |
| 8 | 141 | Heike Oechler | 76 | OLV Landshut | 1:22:00 |
| AK | 139 | Andrea Tröbe | 78 | SV TU Ilmenau | Fehlst |

| Pl | Stnr | Name | Jg | Verein | Zeit |
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| D 35 (6) | | | 5.3 km 245 Hm 15 P | | |
| 1 | 153 | Milena Grifoni | 68 | OLG Regensburg | 1:12:36 |
| 2 | 149 | Gertrud Liebl | 68 | TV Osterhofen | 1:14:30 |
| 3 | 148 | Christiane Geiger | 68 | OLA TSV Deggendorf | 1:17:38 |
| 4 | 150 | Jana Ropertz | 68 | OLV Landshut | 1:20:56 |
| 5 | 152 | Karin Vogl | 70 | SV Mietraching | 1:36:18 |
| | 151 | Susan Kurth | 76 | OLA TSV Deggendorf | N Ang |
| D 45 (8) | | | 4.6 km 180 Hm 14 P | | |
| 1 | 163 | Claudia Greiner | 63 | TSV Grünwald | 59:33 |
| 2 | 159 | Birgit Spangenberg | 65 | OLG Regensburg | 1:10:40 |
| 3 | 160 | Andrea Schultze | 62 | OLV Landshut | 1:16:05 |
| 4 | 162 | Ingrid Hufnagel | 66 | OLA TSV Deggendorf | 1:20:59 |
| 5 | 157 | Anne Kolehmainen | 65 | TSV Grünwald | 1:28:15 |
| 6 | 161 | Ulrike Neidiger-Pohl | 62 | TV 1894 Coburg-Neuses | 1:43:45 |
| 7 | 158 | Susanne Vetter | 61 | TV 1894 Coburg-Neuses | 1:56:20 |
| AK | 154 | Friederike Seeger | 63 | Baiersdorfer SV | N Ang |
| D 55 (5) | | | 4.3 km 190 Hm 13 P | | |
| 1 | 168 | Martina Huth | 56 | TV 1894 Coburg-Neuses | 1:11:45 |
| 2 | 166 | Irma Schwarzkopf | 55 | TV 1894 Coburg-Neuses | 1:17:19 |
| 3 | 170 | Angelika Weid | 48 | TV 1894 Coburg-Neuses | 1:22:21 |
| 4 | 167 | Marga Voit | 40 | DARC Franken | 1:35:09 |
| AK | 169 | Gerda Kolloch | 42 | TSV Grünwald | Fehlst |
| H 12 (7) | | | 2.0 km 55 Hm 8 P | | |
| 1 | 174 | Riccardo Casanova | 00 | OLG Regensburg | 13:58 |
| 2 | 177 | Florian Simbürger | 99 | OLG Regensburg | 19:50 |
| 3 | 175 | Jonas Dötsch | 00 | TV 1894 Coburg-Neuses | 24:50 |
| 4 | 176 | Philipp Schwarck | 99 | OLG Regensburg | 42:21 |
| AK | 178 | Robin Wiegel | 00 | OLG Regensburg | N Ang |
| AK | 173 | Leon Altmann | 99 | OLG Regensburg | 32:45 |
| AK | 171 | Benedikt Lehner | | OLG Regensburg | 30:32 |
| H 13 - 14 (11) | | | 3.6 km 120 Hm 13 P | | |
| 1 | 190 | Tobias Spangenberg | 98 | OLG Regensburg | 31:47 |
| 2 | 183 | Korbinian Lange | 97 | SV Mietraching | 34:36 |
| 3 | 187 | Lukas Janischowsky | 97 | OLG Regensburg | 35:44 |
| 4 | 184 | Quirin Lehner | 98 | OLG Regensburg | 37:31 |
| 5 | 186 | Tobias Penzkofer | 98 | SV Mietraching | 47:59 |
| 6 | 189 | Sebastian Vetter | 97 | TV 1894 Coburg-Neuses | 50:45 |
| 7 | 185 | Samuel Stengel | 97 | TV 1894 Coburg-Neuses | 52:03 |
| 8 | 181 | Tim Vogler | 97 | MTV Bamberg | 1:03:00 |
| 9 | 191 | Leret Liebermann | 97 | TV 1894 Coburg-Neuses | 1:05:32 |
| 10 | 182 | Christopher Hartung | 97 | OLG Regensburg | 1:18:56 |
| | 188 | Alexander Schmid | 97 | MTV Bamberg | Fehlst |

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| H 15 - 16 (6) | | | 5.3 km 245 Hm 15 P | | |
| 1 | 195 | Wolfram Pohl | 95 | TV 1894 Coburg-Neuses | 58:12 |
| 2 | 194 | Fabian Janischowsky | 95 | OLG Regensburg | 1:01:11 |
| 3 | 199 | Markus Penzkofer | 95 | SV Mietraching | 1:12:06 |
| 4 | 196 | Korbinian Lehner | 96 | OLG Regensburg | 1:35:00 |
| 5 | 198 | Julian Nürnberger | 96 | OLG Regensburg | 1:44:40 |
| 6 | 197 | Thilo Seeger | 95 | Baiersdorfer SV | 2:32:48 |
| H 17 - 18 (6) | | | 7.4 km 300 Hm 23 P | | |
| 1 | 204 | Robin Ohme | 93 | OLA TSV Deggendorf | 1:08:31 |
| 2 | 206 | Valtteri Kolehmainen | 94 | TSV Grünwald | 1:09:02 |
| 3 | 205 | Daniel Janischowsky | 95 | OLG Regensburg | 1:13:05 |
| 4 | 202 | Marco Eiflein | 93 | OLG Regensburg | 1:29:44 |
| 5 | 203 | Fabian Wittmann | 93 | MTV Bamberg | 2:01:23 |
| AK | 207 | Frederik Seeger | 93 | Baiersdorfer SV | N Ang |
| H 19 E (17) | | | 9.9 km 455 Hm 25 P | | |
| 1 | 216 | Ralph Körner | 80 | OLV Landshut | 1:13:41 |
| 2 | 220 | Teodor Yordanov | 84 | TSV Grünwald | 1:15:55 |
| 3 | 225 | Thomas Schöps | 90 | OLV Landshut | 1:21:01 |
| 4 | 212 | Martin Murer | 84 | TSV Grünwald | 1:27:12 |
| 5 | 223 | Josef jun. Fenzl | 90 | OLG Regensburg | 1:27:39 |
| 6 | 210 | Michael Rödel | 78 | TV 07 Coburg-Ketschendorf | 1:31:30 |
| 7 | 218 | Fabian Scheler | 91 | TV 1894 Coburg-Neuses | 1:34:58 |
| 8 | 224 | Ronny Natho | 77 | TSV Grünwald | 1:38:53 |
| 9 | 214 | Bernhard Meißner | 86 | TV 1894 Coburg-Neuses | 1:51:21 |
| | 213 | Björn Kramer | 79 | TSG Creidlitz | Fehlst |
| | 222 | Benjamin Forkel | 88 | TV 1894 Coburg-Neuses | Fehlst |
| | 209 | Benjamin Vetter | 87 | TV 1894 Coburg-Neuses | Fehlst |
| | 215 | Benedict Ebneith | 91 | OLG Regensburg | N Ang |
| AK | 221 | Markus Kautz | 78 | Post SV Dresden | N Ang |
| AK | 219 | Malte Rehbein | 71 | SV Treptower SV 1949 | 1:28:52 |
| AK | 217 | Rolf Herrling | 86 | Skizunft Wiesbaden | 2:22:03 |
| AK | 211 | Sven Sudhoff | 77 | Förderteam Mittelfranken | Fehlst |
| H 19 K (8) | | | 5.3 km 245 Hm 15 P | | |
| 1 | 226 | Vaclav Badura | 81 | Förderteam Mittelfranken | 1:11:27 |
| 2 | 230 | Matthias Reinwald | 73 | OLG Regensburg | 1:19:51 |
| 3 | 234 | Maximilian Ebneith | 90 | OLG Regensburg | 1:20:29 |
| 4 | 228 | Claudio Soccodato | 76 | OSC Kassel | 1:35:10 |
| 5 | 232 | Thomas Döhler | 70 | SV Pechbrunn | 1:40:24 |
| 6 | 233 | Alexander Tippelt | 85 | TV 07 Coburg-Ketschendorf | 1:42:53 |
| 7 | 231 | Moritz Otto | 92 | Förderteam Mittelfranken | 1:53:11 |
| | 227 | Rico Landefeld | 77 | TSV Grünwald | Fehlst |
| H 35 (6) | | | 7.4 km 300 Hm 23 P | | |
| 1 | 236 | Uwe Weid | 73 | TV 1894 Coburg-Neuses | 1:07:50 |
| 2 | 240 | Roland Vogl | 68 | SV Mietraching | 1:12:22 |
| 3 | 241 | Klemens Janischowsky | 66 | OLG Regensburg | 1:14:07 |
| 4 | 235 | Gert Lexen | 68 | TSV Grünwald | 1:22:18 |
| 5 | 237 | Michael Bially | 73 | TSV Ipsheim | 1:59:20 |
| 6 | 239 | Manfred Schwarck | 70 | OLG Regensburg | 2:35:45 |

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| H 45 (24) | | | 6.1 km 240 Hm 19 P | | |
| 1 | 256 | Thomas Scheler | 63 | TV 1894 Coburg-Neuses | 59:06 |
| 2 | 250 | Helge Zoltner | 62 | OLV Landshut | 59:46 |
| 3 | 253 | Dieter Lexen | 65 | OLG Regensburg | 1:02:36 |
| 4 | 254 | Siegfried Liebl | 65 | TV Osterhofen | 1:05:39 |
| 5 | 258 | Norberth Zölde | 66 | OLV Landshut | 1:14:04 |
| 6 | 242 | Veikko Baath | 64 | TSV Grünwald | 1:15:23 |
| 7 | 247 | Jürgen Schubert | 63 | TV 1894 Coburg-Neuses | 1:18:34 |
| 8 | 251 | Stefan Kirsch | 59 | TV 1894 Coburg-Neuses | 1:18:56 |
| 9 | 255 | Uwe Beierlein | 62 | TSV Grünwald | 1:20:14 |
| 10 | 266 | Gheorghe Cionoiu | 61 | TV 1894 Coburg-Neuses | 1:23:00 |
| 11 | 252 | Ari Kolehmainen | 62 | TSV Grünwald | 1:24:06 |
| 12 | 246 | Stephan Schneuwly | 59 | OLG Regensburg | 1:27:03 |
| 13 | 259 | Stephan Krämer | 59 | TV 1894 Coburg-Neuses | 1:28:49 |
| 14 | 267 | Michael Schalle | 58 | MTV Bamberg | 1:39:41 |
| 15 | 248 | Georg Biller | 58 | WSV Bernried | 1:51:00 |
| 16 | 249 | Erich Nürnberger | 63 | OLG Regensburg | 2:01:43 |
| 17 | 263 | Robert Ebenbeck | 64 | OLG Regensburg | 2:08:14 |
| 18 | 260 | Hans-Jürgen Elflein | 61 | OLG Regensburg | 2:08:26 |
| 19 | 257 | Udo Rößler | 64 | OLA TSV Deggendorf | 2:11:19 |
| | 262 | Frank Stengel | 65 | TV 1894 Coburg-Neuses | Fehlst |
| | 261 | Martin Greiner | 63 | TSV Grünwald | N Ang |
| | 264 | Dirk Hartmann | 62 | SV Mietraching | N Ang |
| AK | 243 | Jürgen Schmidt | 61 | TSV Meiningen | Fehlst |
| AK | 265 | Guido Seeger | 60 | Baiersdorfer SV | 2:00:13 |
| H 55 (8) | | | 5.3 km 220 Hm 17 P | | |
| 1 | 271 | Josef sen. Fenzl | 52 | OLG Regensburg | 56:54 |
| 2 | 269 | Egon Helder | 51 | TSV Buchenrod | 1:08:30 |
| 3 | 274 | Jürgen Schwanitz | 49 | OLA TSV Deggendorf | 1:11:06 |
| 4 | 277 | Helmut Höfer | 55 | TV 1894 Coburg-Neuses | 1:19:34 |
| 5 | 276 | Alfons Ebneht | 53 | OLG Regensburg | 1:26:17 |
| 6 | 270 | Ralph Meißner | 53 | TV 1894 Coburg-Neuses | 1:26:50 |
| | 273 | Reinhard Wieland | 50 | Skiclub Lauf | Fehlst |
| | 272 | Peter Lange | 56 | SV Mietraching | Fehlst |
| H 65 (5) | | | 4.3 km 190 Hm 13 P | | |
| 1 | 283 | Viktor Jarkov | 42 | OLG Regensburg | 57:32 |
| 2 | 280 | Heinz Peter Simon | 46 | MTV Bamberg | 58:25 |
| 3 | 282 | Rudolf Lorenz | 36 | OLA TSV Deggendorf | 1:05:27 |
| AK | 281 | Günter Ott | 37 | TV Fürth 1860 | 1:26:14 |
| AK | 279 | Gerhard Horn | 36 | TGV Horn | 1:05:17 |
| Offen kurz (1) | | | 2.0 km 55 Hm 8 P | | |
| 1 | 284 | Michaela Cionoiu | 67 | TV 1894 Coburg-Neuses | 36:23 |
| Offen lang (6) | | | 4.3 km 190 Hm 13 P | | |
| 1 | 296 | Uwe Boßecker | 72 | TV 07 Coburg-Ketschendorf | 1:26:27 |
| 2 | 289 | Daniela Ziegler | 82 | Förderteam Mittelfranken | 1:36:46 |
| 3 | 295 | Harald Tartler | 77 | Förderteam Mittelfranken | 2:43:59 |
| | 291 | Valentin Kranz | 96 | TSV Meiningen | Fehlst |

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| Offen lang (6) | | | 4.3 km 190 Hm 13 P | | (Forts.) |
| | 297 | Michael Link | 68 | Förderteam Mittelfranken | N Ang |
| AK | 290 | Harald Tröbe | 76 | SV TU Ilmenau | Fehlst |
| Offen mittel (6) | | | 3.6 km 120 Hm 13 P | | |
| 1 | 303 | Georg Weber | 70 | Förderteam Mittelfranken | 1:00:02 |
| 2 | 304 | Gabriele Dötsch | 62 | TV 1894 Coburg-Neuses | 1:17:12 |
| 3 | 298 | Einar Jakobsen | | Förderteam Mittelfranken | 1:18:35 |
| 4 | 302 | Luisa Hofmann | 96 | OLG Regensburg | 1:24:10 |
| 5 | 306 | Alexander Jackl | 93 | OLG Regensburg | 1:25:09 |
| | 305 | Jutta Eichler | 61 | Förderteam Mittelfranken | N Ang |
| Schüler B (1) | | | 2.0 km 55 Hm 8 P | | |
| 1 | 307 | Laetitia Lexen | 02 | OLG Regensburg | 41:14 |